

**BRITISH
BASKETBALL**



British Basketball Federation

Expression of Interest

GB Youth Team Strength & Conditioning Leads

Fixed-Term Contract

Candidate Information Pack

Closing Date: 1st January 2025



About Us

The British Basketball Federation (British Basketball) is the National Governing Body (NGB) responsible for basketball in Britain and took on the International Federation (FIBA) membership role from the Home Country Associations in October 2016.

The BBF runs GB Basketball in a federated model, under a board of management comprising of an Independent Chair, Independent Directors and representatives of the three member Home Country Associations (HCAs) of Basketball England, Basketball Scotland and Basketball Wales.

The goal of British Basketball is to create a world class elite basketball programme in Great Britain and to lead the overarching strategy for the growth of basketball in England, Scotland and Wales, working in close collaboration with the HCA's .

The BBF is at a critical juncture in its development, focused on ensuring gold standard governance, creating opportunity for all, and capitalising on the momentum that the game currently has in the UK to ensure basketball is a leading high-performance sport for the nation to be increasingly proud of.



The Opportunities

The British Basketball Federation has the opportunity to appoint the following roles:

- GB Youth Team Strength & Conditioning Leads - U16, U18, U20 Men
- GB Youth Team Strength & Conditioning Leads - U20 Women

Service Details

Time Commitment

Team facing role, with a flexible attitude to working needed. Available to attend all GB Youth Team activity across the year (approx. 30 days), including at the busiest time of the Youth Basketball calendar (June - end August).

A flexible attitude to working needed, with willing to work evenings, weekends, school holidays and public holidays. This will include irregular hours and extensive travel both within the UK and overseas. Some work between camps will be needed.

Remuneration

S&C Lead - £1000 (£500 end June, £500 end August) + All reasonable expenses. Food, accommodation, uniform & laundry will be provided while on National Team duty.

Location

Camp and tournament based – with travel to domestic training venues, and time at overseas training camps and tournaments

Term

This is a fixed-term contract role until end September 2025



Culture, Process and minimum standards

- The objectives of the GB Youth teams are to deliver inspiring performances on the court, representing the British Basketball community and ensuring a positive, developmental experience for all players and staff
- Due to the number of roles available, staff who held the above roles within GB Youth Teams in 2024 are invited to apply through this expression of interest process, along with those who were not involved but would like to be considered
- The Head Coach from each team may be involved in the decision making around these roles, where cohesion and effectiveness is considered.
- Following the close of the expression of interest, GB Youth Team Sports Science & Medicine Leads, the BBF Performance Lead and/or HCA's Performance Leads will contact potential candidates, with unsuccessful candidates receiving an email from the BBF.

Person Specification

- Commitment to ensuring diversity, inclusion and equity within the sport of Basketball
- Ensures a positive environment for players and staff where all team members feel valued. Centred around performance but also protecting enjoyment and love for the game
- Shows integrity and is fair, equitable and ethical in approach
- Able to adhere to policies and procedures as outlined by the BBF

Strength & Conditioning Lead

Key Responsibilities

- Lead on strength and conditioning programming and progression for all players, in order to enhance the performance plan outlined by the Head Coach and in line with the “GB Way”
- Provide guidance and education to players on S&C activity to be completed outside of GB camps
- Deliver team warm-ups, cool-downs and recovery sessions during camp
- Assist the Team Physiotherapist with player rehabilitation and modified training.
- Lead on the organisation of player performance screening and assessments for the relevant GB Youth team, in line with the GB Way, and in liaison with GB Senior Team Sport Science Lead and Home Country Association S&C Leads
- Engage with S&C and sport science providers in player teams/clubs pre and post camps
- Engage with GB Senior Team Sport Science Lead and Home Country Association medical teams to develop ways of best practise in-line with the “GB Way”
- Expectation for S&C lead to be fully embedded within the team throughout the programme including attending the European Championships

Qualifications and Experience

- A degree in sports science or related subject
- A higher degree specialising in the physical preparation of elite athletes
- UK Strength and Conditioning Association Accreditation (UKSCA) – obtained or in the process
- National Strength and Conditioning Association (NSCA) Accreditation – Desirable
- Experience in the management and provision of strength and conditioning to elite level young athletes. This should include both club and national team level
- Basic disclosure checks will be performed for all successful applicants
- Applications would also be welcomed from any players recently retiring from elite Basketball who would like to grow a career in this area



Recruitment Timeline



How to apply

We are keen to secure the interest of individuals from a wide range of backgrounds with varied professional and lived experience. We warmly welcome applications from all sections of the community, regardless of age, race, colour, sex, marital status, religion, ethnic origin, nationality, disability or sexual orientation.

To apply, please complete the form at following link and send your CV to recruitment@gb.basketball

Link to express an interest – <https://forms.office.com/e/vPJIw192dW>

Those who held a role with GB Youth Teams in 2024 will not need to submit additional information unless there is the desire to do so

Please direct any questions to: recruitment@gb.basketball

Please note the closing date for applications is midnight **Friday 20th December 2024.**

