

Job Title:	GB Youth Programme Strength and Conditioning Coach
Location:	Mobile workplace including training venues and to include time at domestic and overseas training camps and competition/tournaments where appropriate
Working Pattern :	Such hours as are necessary to fulfil the requirements of your position to the satisfaction of GB Basketball, and may include work in evenings, on weekends and public holidays as required. During the programme you will be expected to be with the squad at all times during training.
Reports to :	Head of Physiotherapy & Sports Science & GB Youth Programme Head Coach
Appointment:	2-year appointment to conclude after the 2021 European Championships with a review in September 2020
Contract:	Voluntary with expenses paid

Purpose of Role :	Provide a consistent and professional service which supports the deliverance of an elite level of Strength & Conditioning services to your assigned team
Key Accountabilities :	<ul style="list-style-type: none"> • To liaise and coordinate service delivery with the Head of Physiotherapy & Sports Science. • Working as part of a multi-disciplinary team delivering services to the assigned GB Youth Programme. This will include maximizing load management, periodization, injury screening and testing protocols, database management. • Manage and develop Education Sessions for GB Youth Programme players & parents.
Operational Accountabilities :	<ul style="list-style-type: none"> • Extensive communications with, physiotherapists, coaches and sports therapists • Utilization of the Basketball England online medical system to optimize player management • Attend early period training to educate players • Make an assessment of athletes at all camps • Advise the Head Coach on needs • Design an action plan for athletic development for your squad • Liaise with players on athlete development plans • Implement an athletic development plan • Supervise warm-ups, cool-downs and recovery sessions • Assist in monitoring and education on hydration/nutrition
Relationship Management:	<p>Performance & Technical Manager - To liaise on a regular basis to understand the requirements/developments in the national team's programmes</p> <p>Head of Physiotherapy & Sports Medicine: To liaise regularly and update with regards to the team's progress</p>

Experience, Knowledge & Skills	<ul style="list-style-type: none"> • A degree in Strength and Conditioning, preferably a Master's. • A higher degree specialising in the physical preparation of elite athletes • UK Strength and Conditioning Association Accreditation (UKSCA) • Experience in the management and provision of strength and conditioning to elite level young athletes. • Proven track record of successfully working with an MDT as well as wider staff group. • Experience of working in the development and improvement of new ideas to enhance performance. • Some experience of team travel and major championships for example, Olympic Games, European Championships, Commonwealths - Desirable • Experience of working in a variety of team sports – Desirable • Some knowledge and understanding of the requirements of elite athletes and coaches in team sports. • High level of understanding of load management in young athletes and educating around this subject.
Other :	<ul style="list-style-type: none"> • A flexible attitude to working, willing to work evenings, weekends and bank holidays. This will include irregular hours and extensive travel both within the UK and overseas • Current, clear, enhanced DBS Check supplied to Basketball England • Current Safeguarding Certificate supplied to Basketball England